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Grenade Birthday Cake Protein Bar 60g

Birthday Cake Protein Bar 12x60g

PRODUCT DESCRIPTION

Every day's a party with a Grenade® Birthday Cake Protein Bar! A birthday cake is undoubtedly one of the yummiest, sweet treats that we all so often crave, but it is as unhealthy as it is delicious... This is why we have packed your favourite vanilla sponge cake into a triple layered high protein snack. No need to tuck into this as a naughty Birthday treat, this white chocolate-coated protein bar can be enjoyed daily as part of a healthy and nutritional diet. With 21g of protein and only 1.6g of sugar this birthday cake protein, not only does this bar satisfy sweet cravings, it is an efficient source of muscle growth and repair!

Manufacturer	Grenade (UK) Limited
Manufacturer Product Code	2001-10-69-00
Product Type	Food
Product Category	Confectionery
Storage Type	Ambient
Erudus ID	aabe5b61e56046ebaeada60ca7411542
Specification Type	Generic



Inner Component GTIN	5060221204606
Inner Pack GTIN	5060221204613
Outer Case GTIN	5060221204620



INGREDIENTS

Ingredient Declaration

INGREDIENTS: Protein Blend (Calcium Caseinate (**Milk**), Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), White Chocolate with Sweetener (25%) (Sweetener: Maltitol; Cocoa Butter, Whole **Milk** Powder, Emulsifier: Lecithins; Natural Flavouring), Humectant: Glycerol; Bovine Collagen Hydrolysate, Dietary Fibre: Polydextrose, Water, Sprinkles with Sweetener (4.5%) (Sweetener: Maltitol; Starch, Rice Flour, Palm Fat, Colours: Curcumin, Beetroot Red, Anthocyanins, Riboflavin, Brilliant Blue FCF), Sunflower Oil, Flavourings.

ALLERGENS

Product Contains:

Celery/Celeriac	No
Cereals Containing Gluten	May Contain
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	May Contain
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	Yes
Molluscs	No

Mustard	No
Nuts (Tree)	May Contain
Almond nuts	May Contain
Brazil nuts	May Contain
Cashew nuts	May Contain
Hazelnuts	May Contain
Macadamia (Queensland) nuts	May Contain
Pecan nuts	May Contain
Pistachio nuts	May Contain
Walnuts	May Contain
Peanuts	May Contain
Sesame Seeds	No
Soybeans	May Contain
Sulphur Dioxide and Sulphites	No

Risk Source:

Cereals Containing Gluten (Risk Source)	Raw Material
Tree Nuts (Risk Source)	Raw Material
Brazil nuts (Risk Source)	Raw Material
Hazelnuts (Risk Source)	Raw Material
Pecan nuts (Risk Source)	Raw Material
Walnuts (Risk Source)	Raw Material
Soybeans (Risk Source)	Raw Material

Wheat (Risk Source)	Raw Material
Almond nuts (Risk Source)	Raw Material
Cashew nuts (Risk Source)	Raw Material
Macadamia nuts (Risk Source)	Raw Material
Pistachio nuts (Risk Source)	Raw Material
Peanuts (Risk Source)	Raw Material

Allergen Statement On Pack

For allergens see ingredients in bold. May contain traces of Gluten, Soy, Peanuts and Nuts.

Additional Allergen Information

For allergens see ingredients in bold. May contain traces of Gluten, Soy, Peanuts and Nuts.

SUPPLEMENTARY
INGREDIENT
INFORMATION

Palm Oil	Yes
Hydrogenated Vegetable Oil/Fat	No
GM Protein/DNA	No

ADDITIVES

Product Contains:

Artificial Colours	Yes
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Artificial Flavourings	Yes
Artificial Preservatives	No
Artificial Sweeteners	Yes

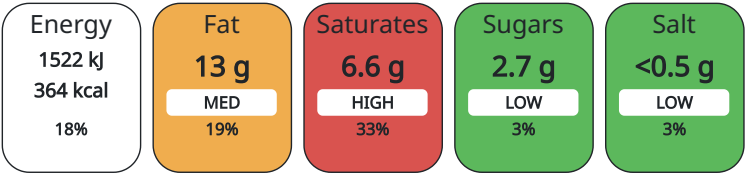
DIET SUITABILITY

Vegan Diet	No
Halal Diet	Suitable for

Vegetarian Diet	No
Kosher Diet	No

NUTRITIONAL
INFORMATION AS
SOLD

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 364kcal / 1522kJ

HFSS (HIGH IN
FAT, SALT AND
SUGAR)
HANDLING &
STORAGE
INFORMATION

Nutrient	per 100g	RI per 100g	per 60g serving	RI per 60g serving
Energy (kJ)	1522 kJ	18%	913.2 kJ	11%
Energy (kcal)	364 kcal	18%	218.4 kcal	11%
Fat	13 g	19%	7.8 g	11%
of which Saturates	6.6 g	33%	3.96 g	20%
Carbohydrate	35 g	13%	21 g	8%
of which Sugars	2.7 g	3%	1.62 g	2%
of which Polyols	27 g		16.2 g	
Fibre	4.6 g		2.76 g	
Protein	35 g	70%	21 g	42%
Salt	0.2 g	3%	0.12 g	2%

Serving Size60 g

Nutrition Statements

High protein, low sugar- More than 20g Protein , Less than 2g Sugar per bar

HFSS StatusNo

Directions For Use

Grenade® protein bars can be enjoyed at any time of the day. They're perfect as a low calorie, low sugar treat between meals or as a post-workout, high protein snack. The delicious chocolate coating will also keep those sugar cravings under control

Storage Instructions

Store in a cool dry place, at a temperature range of 15°C to 22°C, away from direct sunlight, extremes of heat change, odour & humidity.

Shelf Life from Time of Production365 Days

ACCREDITATIONS/
CERTIFICATIONS/
ASSURANCE
SCHEMES
ORIGIN

BRCGS Certified	IFS Food Standard
Roundtable of Sustainable Palm Oil (RSPO)	
Product Country of Origin	Croatia
Origin of the Primary Ingredient	Croatia

PRODUCT
CHARACTERISTICS
CONFIGURATION

Standards Testing	
Case Configuration	Inner Pack Configuration
Total Quantity of Inner Components in Outer Case	Count per Inner Component12

PRODUCT
WEIGHTS

Inner Component	Inner Pack
Variable Weight Consumer Item	Inner Pack Gross Weight0.73 kg
Inner Component Weight	Inner Pack Net Weight0.72 kg
e mark	
Outer Case	
Outer Case Gross Weight	5.47 kg
Outer Case Net Weight	4.75 kg

PRODUCT DIMENSIONS	Inner Component		Inner Pack	
	Inner Component Depth	21 mm	Inner Pack Depth	184 mm
	Inner Component Width	140 mm	Inner Pack Width	150 mm
	Inner Component Height	43 mm	Inner Pack Height	65 mm
PALLET INFORMATION	Outer Case			
	Outer Case Depth	315 mm		
	Outer Case Width	195 mm		
	Outer Case Height	215 mm		
	Quantity of Cases Per Pallet Layer	18 Cases	Pallet Height	1.63 MTR
	Quantity of Layers Per Pallet	7 Layers		
	Quantity of Cases Per Pallet	126 Cases		
SAFETY & WARNINGS	Product Health Warning			
	Contains polyols: Excessive consumption may cause laxative effect. Not suitable for children under the age of 14.			
	Age Restricted Product	Yes		
	Age Restriction	14		
OTHER INFORMATION CONTACT INFORMATION	Commodity Code	2106909849		
	Address			
	Grenade (UK) Limited			
	Bournville Place			
	B30 2HP			
	Bournville Lane			
	Birmingham			
United Kingdom				
rachel.austerberry@grenade.com				
02477 170 100				

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