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Status Published

15638

Grenade Birthday Cake Protein Bar 60g

Birthday Cake Protein Bar 12x60g

PRODUCT DESCRIPTION

Every day's a party with a Grenade® Birthday Cake Protein Bar! A birthday cake is undoubtedly one of the yummiest, sweet treats that we all so often crave, but it is as unhealthy as it is delicious... This is why we have packed your favourite vanilla sponge cake into a triple layered high protein snack. No need to tuck into this as a naughty Birthday treat, this white chocolate-coated protein bar can be enjoyed daily as part of a healthy and nutritional diet. With 21g of protein and only 1.6g of sugar this birthday cake protein, not only does this bar satisfy sweet cravings, it is an efficient source of muscle growth and repair!

Manufacturer	Grenade (UK) Limited
Manufacturer Product Code	2001-10-69-00
Product Type	Food
Product Category	Confectionery
Storage Type	Ambient
Erudus ID	aabe5b61e56046ebaeada60ca7411542
Specification Type	Generic



Inner Component GTIN	5060221204606
Inner Pack GTIN	5060221204613
Outer Case GTIN	5060221204620



INGREDIENTS

Ingredient Declaration

INGREDIENTS: Protein Blend (Calcium Caseinate (**Milk**), Whey Protein Concentrate (**Milk**), Whey Protein Isolate (**Milk**)), White Chocolate with Sweetener (25%) (Sweetener: Maltitol; Cocoa Butter, Whole **Milk** Powder, Emulsifier: Lecithins; Natural Flavouring), Humectant: Glycerol; Bovine Collagen Hydrolysate, Dietary Fibre: Polydextrose, Water, Sprinkles with Sweetener (4.5%) (Sweetener: Maltitol; Starch, Rice Flour, Palm Fat, Colours: Curcumin, Beetroot Red, Anthocyanins, Riboflavin, Brilliant Blue FCF), Sunflower Oil, Flavourings.

ALLERGENS

Product Contains:

Celery/Celeriac	No
Cereals Containing Gluten	May Contain
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	May Contain
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	Yes
Molluscs	No

Mustard	No
Nuts (Tree)	May Contain
Almond nuts	May Contain
Brazil nuts	May Contain
Cashew nuts	May Contain
Hazelnuts	May Contain
Macadamia (Queensland) nuts	May Contain
Pecan nuts	May Contain
Pistachio nuts	May Contain
Walnuts	May Contain
Peanuts	May Contain
Sesame Seeds	No
Soybeans	May Contain
Sulphur Dioxide and Sulphites	No

Risk Source:

Cereals Containing Gluten (Risk Source)	Raw Material
Tree Nuts (Risk Source)	Raw Material
Brazil nuts (Risk Source)	Raw Material
Hazelnuts (Risk Source)	Raw Material
Pecan nuts (Risk Source)	Raw Material
Walnuts (Risk Source)	Raw Material
Soybeans (Risk Source)	Raw Material

Wheat (Risk Source)	Raw Material
Almond nuts (Risk Source)	Raw Material
Cashew nuts (Risk Source)	Raw Material
Macadamia nuts (Risk Source)	Raw Material
Pistachio nuts (Risk Source)	Raw Material
Peanuts (Risk Source)	Raw Material

Allergen Statement On Pack

For allergens see ingredients in bold. May contain traces of Gluten, Soy, Peanuts and Nuts.

Additional Allergen Information

For allergens see ingredients in bold. May contain traces of Gluten, Soy, Peanuts and Nuts.

SUPPLEMENTARY
INGREDIENT
INFORMATION

Palm Oil	Yes
Hydrogenated Vegetable Oil/Fat	No
GM Protein/DNA	No

ADDITIVES

Product Contains:

Artificial Colours	Yes
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Artificial Flavourings	Yes
Artificial Preservatives	No
Artificial Sweeteners	Yes

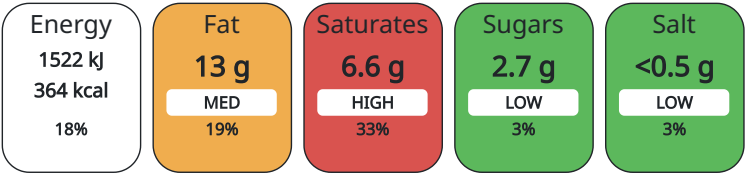
DIET SUITABILITY

Vegan Diet	No
Halal Diet	Suitable for

Vegetarian Diet	No
Kosher Diet	No

NUTRITIONAL
INFORMATION AS
SOLD

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 364kcal / 1522kj

HFSS (HIGH IN
FAT, SALT AND
SUGAR)
HANDLING &
STORAGE
INFORMATION

Nutrient	per 100g	RI per 100g
Energy (kJ)	1522 kJ	18%
Energy (kcal)	364 kcal	18%
Fat	13 g	19%
of which Saturates	6.6 g	33%
Carbohydrate	35 g	13%
of which Sugars	2.7 g	3%
of which Polyols	27 g	
Fibre	4.6 g	
Protein	35 g	70%
Salt	0.2 g	3%

Serving Size	60 g
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Nutrition Statements

High protein, low sugar- More than 20g Protein , Less than 2g Sugar per bar

HFSS Status	No
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Directions For Use

Grenade® protein bars can be enjoyed at any time of the day. They're perfect as a low calorie, low sugar treat between meals or as a post-workout, high protein snack. The delicious chocolate coating will also keep those sugar cravings under control

Storage Instructions

Store in a cool dry place, at a temperature range of 15°C to 22°C, away from direct sunlight, extremes of heat change, odour & humidity.

Shelf Life from Time of Production	365 Days
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ACCREDITATIONS/
CERTIFICATIONS/
ASSURANCE
SCHEMES
ORIGIN

BRCGS Certified	IFS Food Standard
Roundtable of Sustainable Palm Oil (RSPO)	
Product Country of Origin	Croatia
Origin of the Primary Ingredient	Croatia

PRODUCT
CHARACTERISTICS
CONFIGURATION

Standards Testing			
Case Configuration		Inner Pack Configuration	
Total Quantity of Inner Components in Outer Case	12 Units	Count per Inner Component	12

PRODUCT
WEIGHTS

Inner Component		Inner Pack	
Variable Weight Consumer Item	No	Inner Pack Gross Weight	0.73 kg
Inner Component Weight	60 g	Inner Pack Net Weight	0.72 kg
e mark	No		
Outer Case			
Outer Case Gross Weight	5.47 kg		
Outer Case Net Weight	4.75 kg		

PRODUCT DIMENSIONS

Inner Component	
Inner Component Depth	21 mm
Inner Component Width	140 mm
Inner Component Height	43 mm
Outer Case	
Outer Case Depth	315 mm
Outer Case Width	195 mm
Outer Case Height	215 mm

Inner Pack	
Inner Pack Depth	184 mm
Inner Pack Width	150 mm
Inner Pack Height	65 mm

PALLET INFORMATION

Quantity of Cases Per Pallet Layer	18 Cases
Quantity of Layers Per Pallet	7 Layers
Quantity of Cases Per Pallet	126 Cases

Pallet Height	1.63 MTR
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SAFETY & WARNINGS

Product Health Warning	
Contains polyols: Excessive consumption may cause laxative effect. Not suitable for children under the age of 14.	
Age Restricted Product	Yes
Age Restriction	14

ENVIRONMENT IMPACT



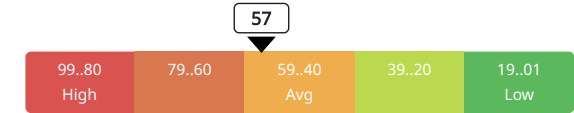
Industry Average

This impact score is based on an Industry Average for this product type.

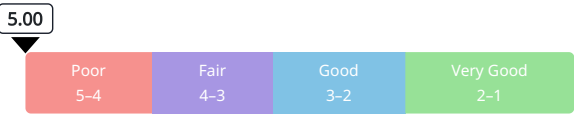
Impact per kg ?

Carbon kg CO2e per kg	6.05	Water Use L eq. per kg	21,094
Eutrophication g PO4e per kg	28.3	Land Use m2*yr per kg	14.68
Biodiversity SLI per kg	10.85		

Carbon Intensity Score ?



Data Quality Score ?



OTHER INFORMATION CONTACT INFORMATION

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