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# Grenade Oreo Protein Bar 60g

Grenade Oreo 12x60g

## PRODUCT DESCRIPTION

With 21g protein, just 1g of sugar and a whole lot of that iconic OREO flavour, this bar is the real deal. Grenade Oreo Protein Bar features a creme layer flavoured with genuine OREO vanilla flavour and a glorious nougat centre loaded with authentic OREO cocoa flavour and real sugar-free OREO biscuit pieces. With this instantly recognisable black & white centre and a taste to match, this is a bar that the most die-hard OREO fans will love.

Brand	<a href="#">Grenade (UK) Limited</a>
Manufacturer Product Code	2001-10-05-00
Product Type	Food
Product Category	Confectionery
Storage Type	Ambient
Erudus ID	e7fdd693b74340e884bdca0de6e26da5
Specification Type	Generic



Inner Component GTIN	5060811383254
Inner Pack GTIN	5060811383247
Outer Case GTIN	15060811383244



## INGREDIENTS

### Ingredient Declaration

Protein Blend (Calcium Caseinate (**Milk**), Whey Protein Isolate (**Milk**)), **Milk**  
Chocolate with Sweetener (20%) (Sweetener: Maltitol; Cocoa Butter, Whole **Milk** Powder, Cocoa Mass, Emulsifier: **Soy** Lecithin; Natural Flavouring), Bovine Collagen Hydrolysate, Humectant: Glycerol; Sweeteners: Maltitol, Sucralose; Palm Oil, Water, Fat-reduced Cocoa Powder (3%), **Wheat** Flour, **Wheat** Starch, Rapeseed Oil, Bulking Agent: Polydextrose; Salt, Emulsifier: **Soy** Lecithin; Raising Agents: Ammonium Carbonates, Sodium Carbonates; Acidity Regulator: Sodium Hydroxide; Flavouring.

ALLERGENS

*Product Contains:*

Celery/Celeriac	No
Cereals Containing Gluten	Yes
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	Yes
Molluscs	No

Mustard	No
Nuts (Tree)	May Contain
Almond nuts	May Contain
Brazil nuts	May Contain
Cashew nuts	May Contain
Hazelnuts	May Contain
Macadamia (Queensland) nuts	May Contain
Pecan nuts	May Contain
Pistachio nuts	May Contain
Walnuts	May Contain
Peanuts	No
Sesame Seeds	No
Soybeans	Yes
Sulphur Dioxide and Sulphites	No

*Risk Source:*

Tree Nuts (Risk Source)	Line
Brazil nuts (Risk Source)	Line
Hazelnuts (Risk Source)	Line
Pecan nuts (Risk Source)	Line
Walnuts (Risk Source)	Line

Almond nuts (Risk Source)	Line
Cashew nuts (Risk Source)	Line
Macadamia nuts (Risk Source)	Line
Pistachio nuts (Risk Source)	Line

**Additional Allergen Information**

For allergens including cereals containing gluten, see ingredients in bold. May also contain traces of Nuts

SUPPLEMENTARY INGREDIENT INFORMATION

Palm Oil	Yes
GM Protein/DNA	No

Alcoholic Strength %Vol (ABV)	0 % Vol
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ADDITIVES

*Product Contains:*

Artificial Colours	No
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Artificial Flavourings	Yes
Artificial Preservatives	No
Artificial Sweeteners	Yes

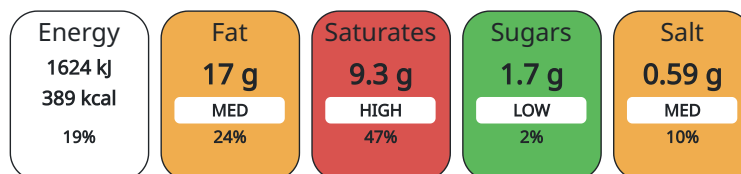
DIET SUITABILITY

Vegan Diet	No
Halal Diet	No

Vegetarian Diet	No
Kosher Diet	No

NUTRITIONAL INFORMATION AS SOLD

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 389kcal / 1624kJ

Nutrient	per 100g	RI per 100g	per 60g serving	RI per 60g serving
Energy (kj)	1624 kj	19%	974.4	12%
Energy (kcal)	389 kcal	19%	233.4	12%
Fat	17 g	24%	10.2 g	15%
of which Saturates	9.3 g	47%	5.58 g	28%
Carbohydrate	34 g	13%	20.4 g	8%
of which Sugars	1.7 g	2%	1.02 g	1%
of which Polyols	28 g		16.8 g	
Fibre	2 g		1.2 g	
Protein	35 g	70%	21 g	42%
Salt	0.59 g	10%	0.35 g	6%

Serving Size 60 g

#### Nutrition Statements

High protein, low sugar- More than 20g Protein , Less than 2g Sugar per bar

#### NUTRITIONAL INFORMATION AS PREPARED

Nutrient	per 100g/ml prepared	RI per 100g/ml prepared	per 60g prepared	RI per 60g/ml prepared
Energy (kj)			974 kj	12%
Energy (kcal)			233 kcal	12%
Fat			10 g	14%
of which Saturates			5.6 g	28%
Carbohydrate			20 g	8%
of which Sugars			1 g	1%
of which Polyols			17 g	
Fibre			1.2 g	
Protein			21 g	42%
Salt			0.35 g	6%

#### HFSS (HIGH IN FAT, SALT AND SUGAR) HANDLING & STORAGE INFORMATION

HFSS Status Yes

#### Directions For Use

Greande® protein bars can be enjoyed at any time of the day. They're perfect as a low calorie, low sugar treat between meals or as a post-workout, high protein snack. The delicious chocolate coating will also keep those sugar cravings under control

#### Storage Instructions

Store in a cool dry place.

Shelf Life from Time of Production 365 Days

#### ORIGIN

Product Country of Origin	Lithuania
Origin of the Primary Ingredient	Lithuania

#### PRODUCT CHARACTERISTICS

#### Standards Testing

Do you undertake trend analysis of microbiological results?	No	Is shelf life testing undertaken?	No
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Microbiological Standards

	Organism	Description	Frequency	Target	Maximum	Sample (g or ml)	
	Total Viable Count (TVC) (cfu/g or ml)		Occasionally	<5000	50000	50	
	Yeast (cfu/g or ml)		Occasionally	<100	1000	50	
CONFIGURATION	Case Configuration		Inner Pack Configuration				
	<b>Total Quantity of Inner Components in Outer Case</b>	12 Units	<b>Count per Inner Component</b>		12		
PRODUCT WEIGHTS	Inner Component		Inner Pack				
	<b>Variable Weight Consumer Item</b>	No	<b>Inner Pack Gross Weight</b>		0.78 kg		
	<b>Inner Component Weight</b>	60 g	<b>Inner Pack Net Weight</b>		0.72 kg		
	<b>Net Drained Weight</b>	0.72 kg					
	<b>e mark</b>	Yes					
	Outer Case						
	<b>Outer Case Gross Weight</b>	5 kg					
<b>Outer Case Net Weight</b>	4.32 kg						
PRODUCT DIMENSIONS	Inner Component		Inner Pack				
	<b>Inner Component Depth</b>	39 mm	<b>Inner Pack Depth</b>		185 mm		
	<b>Inner Component Width</b>	130 mm	<b>Inner Pack Width</b>		150 mm		
	<b>Inner Component Height</b>	18 mm	<b>Inner Pack Height</b>		65 mm		
	Outer Case						
	<b>Outer Case Depth</b>	312 mm					
	<b>Outer Case Width</b>	196 mm					
PALLET INFORMATION	<b>Outer Case Height</b>	208 mm					
	<b>Quantity of Cases Per Pallet Layer</b>	18 Cases	<b>Pallet Height</b>		1.66 MTR		
	<b>Quantity of Layers Per Pallet</b>	7 Layers					
	<b>Quantity of Cases Per Pallet</b>	126 Cases					
PACKAGING	Inner Component Packaging						
	Type	Materials	Weight	Recycled Material %	Recyclable	Returnable	Composite
	Foil	Aluminium	0.01 g				
	Outer Case Packaging						
	Type	Materials	Weight	Recycled Material %	Recyclable	Returnable	Composite
	Case	Paper/Cardboard	220 g				
	Transport Packaging						
	Type	Materials	Weight	Recycled Material %	Recyclable	Returnable	Composite
	Other	Wood	24000 g				
	SAFETY & WARNINGS	<b>Product Health Warning</b>					
		Excessive consumption may cause laxative effect. Not suitable for children under the age of 14.					
		<b>Age Restricted Product</b>	Yes				
		<b>Age Restriction</b>	14				
	OTHER INFORMATION	<b>Commodity Code</b>	1806310000				

**Address**

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United Kingdom

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